

Predgovor | Preface

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Pričujoča monografija je nastajala samozavestno. Ker je bila pred njo že naša prva, ki je orala ledino. In je našla mesto v rokah specializantov pnevmologije in zdravnikov, ki so v njej videli priložnost za nadgradnjo in preverjanje svojega znanja. In to me je neznanjsko veselilo. Veselile so me malo pomečkane monografije v rokah mladih zdravnikov s podčrtanim in barvno označenim tekstom nekaterih poglavij.

Astma forumi (SAF), ki so sledili s svojimi temami, so tudi temelj za nastanek sedaj druge monografije. Na tem mestu se posebej zahvaljujem profesorjem Sanji Popović-Grle, Mitji Košniku in Zorici Lazić za opravljeno recenzentsko vlogo. Besedila smo povezali v zgodbo *Monitoring and Treatable Traits in Severe Asthma* in si tako dopustili opredelitev do disfunkcionalnega dihanja, fenotipov astme in nekaterih astmi pridruženih bolezni ter spremljanja bolnikov z astmo. Nekatera poglavja so zastavljena tako, kot v klinični praksi v dobrih centrih za hudo astmo tudi v resnici postopamo – multidisciplinarno.

Ker obravnava bolnika s hudo astmo ni zgolj zdravljenje, je kanček umetnosti.

Srečno.

Our first monograph already confidently found a place in the hands of pneumology residents and doctors, who saw an opportunity to upgrade and test their severe asthma knowledge. And that made me incredibly happy. I was delighted to see monographs in hands of young doctors with an underlined and colour-coded text of some chapters in the process of learning.

Severe Asthma Forums (SAFs), which followed with their topics, are also the cornerstone for now the second Monograph. At this point, I would especially like to thank professors Sanja Popović-Grle, Mitja Košnik and Zorica Lazić for their role of peer review. Chapters have been linked to the story of *Monitoring and Treatable Traits in Severe Asthma* and thus allowed us to define dysfunctional breathing, asthma phenotypes, some asthma comorbidities and monitoring of patients with severe asthma. Some chapters are written according to our clinical work in good severe asthma centres- with typical multidisciplinary approach.

Because treating a patient with severe asthma is not just a therapy, it is also a bit of art.

Good luck!

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